*Social Story Example*

***Following Directions***

*Teachers have a very important job of helping children learn in school. When teachers do their job they have to give everybody directions for each activity.*

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*Children in my class follow Mrs. Ding’s directions with good listening ears. Sometimes I don’t want to do the direction the same way Mrs. Ding tells us to do it. I want to do it my own way. When my teachers tell me to do it the way Mrs. Ding says to, I get mad. I yell and sometimes I kick, hit, or try to bite.*

*Getting mad and yelling or kicking, hitting, or trying to bite, is scary to other people. Sometimes getting mad and yelling or kicking, hitting, or trying to bite might even hurt me or other people.*

*When I have a hard time following the directions, my teachers will help me make a wise choice so that I can calm down without getting mad. I will need hugs, a safe place break, someone to sing a song for me, or a sensory break. When I am calm, I will follow the teacher’s directions and do my best! I will feel very good and my teachers will be so proud of me!*